



# CAHC News

February 2012

## Casper Hockey Cares

### Casper Amateur Hockey Club

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#### HOCKEY HELPS THE HUNGRY

The first annual Hockey Helps the Hungry food drive was held on Saturday, December 17, 2011 at the Casper Ice Arena.

Attendees were entertained by an evening of hockey as the U8's took on a somewhat lesser-skilled team of coaches and members of the community. An exciting matchup between Casper Oilers Midget B and Douglas followed.

When the final numbers were tallied, Casper Hockey donated over 3,000 pounds of food to Joshua's

Storehouse to help feed Casper's hungry!

#### CASPER HOCKEY HELPS INJURED ROCK SPRINGS PLAYER

Rock Springs Midget, Billy Foley, was seriously injured in a game on January 5, 2012 when he was checked into an open penalty box door.

Casper Hockey held a series of fundraising events the weekend of January 21 and 22 to raise funds to assist Billy's family with his mounting medical expenses. As a result of the efforts of our Casper

*Unless someone like you cares a whole awful lot, nothing is going to get better. It's not.*  
  
- Dr. Seuss

Hockey family, we were able to present the Rock Springs managers and president with a check for \$2,793.37 to go to Billy's family!



#### Did You Know?

- In 1924, the Boston Bruins became the first professional hockey team among the previously amateur teams of the NHL.
- Hockey became an Olympic event in 1920.
- The first puck was square, not round.

#### NO PAY, NO PLAY

The final payment for all registration fees was due January 15th! In addition, as noted with your statements, all WAHL assessments are due prior to your division's state tournament, and the initial Travel assessment is due

February 15th.

CAHC's "No Pay, No Play" policy prohibits players from playing in any games, tournaments or participating in practices until all past due balances are paid in full.

If you have a past due balance, please pay this immediately so that your skater will not be removed from the ice.

## Building Blocks of ADM

Courtesy of [www.admkids.com](http://www.admkids.com)

Once the kids are on the ice and playing, the game itself can only take them so far. To love hockey, they first have to play it. And to excel at it, they need to play it and love it. To love the game of hockey, kids first have to play it in an environment that brings out their passion. One that encourages them. The more they love the game, the more they'll play. And the more they play, the better they'll get.

There needs to be reasons to love the game. And if all they're doing is playing hockey 365 days a year, there's a good chance the game they're supposed to love becomes more of a chore than a passion. That amount of exposure too early on can put undue stress and pressure on them and give the kids plenty of reasons not to love hockey.



### PLAY

Playing the game is where kids learn that the game is, in its simplest form, fun. And if you can mix in age-appropriate training and practice with skills and athleticism introduction, kids will have even more fun. And to keep it fun, there should be a low priority placed on winning and losing and a high priority placed on just introducing the game to a young kid.

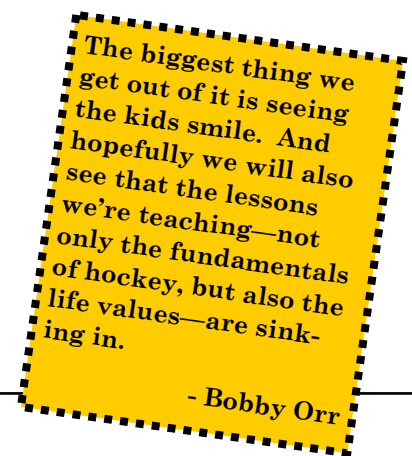
### LOVE

Once a kid learns to play the game and begins to develop skills and athleticism, hockey starts to take priority among other activities. Skills become more refined, their physical and mental makeup is stronger and the friendships they developed early on continue to grow. The games become more important and hockey in general becomes a bigger part of their life.

### EXCEL

Now that they play and love the game, a higher premium is placed on excelling at it. Tougher competition and more of a focus on mastering skills play an increased role in their development. Hockey starts to take a larger priority over other activities. But, above all, the game is still fun and the friendships that were forged back in U8s are as strong as ever.

The bottom line is that if we can give kids reasons to stick with the game, we can unlock their potential and help them excel at the game they play and love.



## End of Season Fun Night

Our end of season FUN NIGHT will be held on Tuesday, March 13th at the Casper Ice Arena from 5:30pm to 9pm. Goalkeepers will be supplying pizza for all skaters and their families. Families with last names beginning with A-M are asked to bring a salad and families with last names beginning with N-Z are asked to bring a dessert to share.

As all of our players will not fit on the

ice at the same time, the schedule for the evening will be as follows:

U8—5:30pm to 6:15pm  
 Squirt—6:15pm to 7:00pm  
 Pee wee—7:00pm to 7:45pm  
 Bantam—7:45pm to 8:30pm  
 Midget—8:15pm to 9pm

All Goalkeepers rented equipment and jerseys must be returned this

night. Please have all equipment and jerseys cleaned and ready to be returned in between 5:30 and 8pm. If you do not return your rented equipment and jerseys (house AND travel) on this night, your deposit check will be cashed. Contact your Goalkeepers age representative if you have questions.



## Gwozdecky to be Keynote Speaker at 2012 Hockey Extravaganza

University of Denver Hockey head coach, George Gwozdecky will be our keynote speaker at the 2012 Hockey Extravaganza.

Coach Gwozdecky joined the DU Pioneers as head coach in 1994. He is a member of the prestigious Miami University "Cradle of Coaches", and is the only person to win the NCAA National Championship as a player (with Wisconsin in 1977), assistant coach (at Michigan State in



1986), and head coach with Denver (2004 and 2005).

The evening's festivities will include dinner, a silent auction, presentations of scholarships, as well as the presentation of the first class of inductees to the Casper Amateur Hockey Hall of Fame.

The Extravaganza will take place on Saturday, April 14, 2012 at the Best Western Ramkota. Tickets are \$25 each and can be purchased from any Casper Amateur Hockey board member.

All proceeds from the event go to support the Club, so please mark your calendars and plan to attend!

## CAHC Honors Our Seniors

Casper Hockey wishes to congratulate the following seniors for their years of dedication to the sport of hockey:

Conner Morton, Luke McConville, Rachel Mockensturm, Marissa Hiser, Chelsea Coons, Dalton Schieck, Logan Coffman, Paul Salveson, DeLane Doyle, Alex Lutz,

Logan Roszel and JP Ellbogen.

Please join us on Friday, February 10th at 8:15pm at the Casper Ice Arena as we celebrate the accomplishments of these athletes.

You miss 100% of the shots you don't take.

- Wayne Gretzky

## Casper to Host Pee wee State Tournament

Twelve Pee wee teams from across Wyoming will be on Casper ice March 2-4, 2012 competing for the title of 2012 Wyoming State Champions! Watch the website for the full schedule and make plans to come out and watch some great Pee wee hockey!



Be sure to support all of our Casper Oilers WAHL teams as they travel to their respective tournaments:

- Girls—February 24-26 in Cody
- Squirt—February 24-26 in Gillette
- Bantam—March 9-11 in Rock Springs

- Midget—March 2-4 in Gillette



## Casper Amateur Hockey Club

### Executive Committee

President—Jolene Whitley  
Vice President—Kevin Taheri  
Secretary—Ti Brooks  
Treasurer—Kim Salvesson

### Board Members

Rev Morton  
Kevin Whitman  
James Robinson  
Roger Burns  
Stephanie Means  
Jim Wetzel  
Marvin Rone  
James Bardgett

We're on the web!

[www.casperhockey.com](http://www.casperhockey.com)

## Upcoming February Home WAHL Games

- 10th PW West vs Douglas—5pm  
Girls vs Gillette—6:30pm  
CAHC Senior Night Ceremonies—8:15pm  
HS East vs Laramie—8:30pm
- 11th PW West vs Douglas—7:15am  
Girls vs Gillette—8:45am  
Squirts vs Pinedale West—10:30am  
PW East vs Pinedale—1pm  
HS East vs Laramie—2:30pm  
Bantam East vs Rock Springs—4:45pm  
PW East vs Pinedale—6:30pm  
HS West vs Sheridan—8pm
- 12th Squirts vs Pinedale West—6:30am  
Bantam East vs Rock Springs—7:45am  
HS West vs Sheridan—9:30am



## Annual Meeting & Open Board Positions

The annual board meeting for the Casper Amateur Hockey Club will take place on Sunday, April 15, 2012 at the Casper Country Club.

There are four Board positions open for election. To be considered for election, you must submit a letter of intent to the nominating committee. Please place your letters in the CAHC box at the ice arena NO LATER THAN APRIL 1, 2012.

All CAHC members are invited to attend this and all board meetings.

## Awards Banquet

The CAHC annual Awards Banquet for the Pee wee, Girls, Bantam and Midget divisions will be held on Sunday, April 15, 2012 from 3pm to 5pm at the Casper Country Club. Please join us in celebrating the many accomplishments of our players!

